

GTA LOCATION**BATHURST MEDICAL CENTRE X - RAY & ULTRASOUND**
(UXMB) ☐ 4256 Bathurst St., #104, Downsview, M3H 5Y8Ph 416-636-2196
Fx 416-636-8841**JANE CENTRE X - RAY & ULTRASOUND**(UX) ☐ 2780 Jane St., Unit LL9, Downsview, M3N 2J2Ph 416-745-1664
Fx 416-745-1666**KEELSON X - RAY & ULTRASOUND**(UXB) ☐ 1020 Wilson Ave., North York, M3K 1G6
Near the Beer StorePh 416-638-1366
Fx 416-638-9689**SILVER STAR X-RAY & ULTRASOUND**(UX) ☐ 385 Silver Star Blvd., #209, Scarborough, M1V 0E3Ph 416-335-4074
Fx 416-335-4572**CACHET CENTRE X - RAY & ULTRASOUND**(UX) ☐ 9255 Woodbine Ave., Markham, L6C 1Y9Ph 905-887-3831
Fx 905-887-3832**CHALMERS GATE X - RAY & ULTRASOUND**(UXMBV) ☐ 328 Highway 7 E., #309, Richmond Hill, L4B 3P7Ph 905-731-4001
Fx 905-731-1458**MEMORIL AVE. X - RAY & ULTRASOUND**(UXMB) ☐ 119 Memril Ave., Suite 105, Orillia, L3V 5X1Ph 705-326-2244
Fx 705-326-8192**GEORGETOWN X - RAY & ULTRASOUND**(UXMBV) ☐ 99 Sinclair Ave., #112, Georgetown, L7G 5G1Ph 905-873-4600
Fx 905-873-4601**HURONIA MEDICAL CENTRE X - RAY & ULTRASOUND**(UXMBV) ☐ 240 Penetang Rd., #210, P.O. BOX 790, Midland, L4R 4P4Ph 705-526-5000
Fx 705-526-3883**NORTH OSHAWA X - RAY & ULTRASOUND**(UX) ☐ 1400 Ritson Rd. N., #001, Oshawa, L1G 7W4Ph 905-579-1208
Fx 905-579-5705**WHITBY CLINIC - RAY & ULTRASOUND**(UXM) ☐ 200 Brock Street North, Whitby, L1N 4H5Ph 905-666-4206
Fx 905-666-2298**OTHER LOCATIONS****ACTON X - RAY & ULTRASOUND**(UX) ☐ 10 Eastern Avenue, Acton, ON., L7J 0A5Ph 519-853-0182
Fx 519-853-2733**AURORA MEDICAL CENTRE X - RAY & ULTRASOUND**(UXB) ☐ 15017 Yonge Street, #101, Aurora, L4G 1M5Ph 905-727-6232
Fx 905-727-4256**FLUOROSCOPY - Chalmers Gate (Richmond Hill location only)**☐ **ESOPHAGUS, STOMACH AND DUODENUM and/ or SMALL BOWEL**

Do not eat or drink anything after midnight the night before your examination (except if exam is after 1:00 p.m. may have 1 slice of dry toast and 1 cup of clear liquid prior to 7:30 a.m.). Small bowel - may take longer than 3 hours.

☐ **COLON (BARIUM ENEMA)****Day prior to examination** (the following drugs should be obtained from your pharmacy):

A diet of unrestricted amounts of clear liquids only such as water, clear juice, consomme, tea, coffee, jello;

At 4:00 p.m. take 4 tablespoons of Milk of Magnesia;

At 5:00 p.m. drink one bottle of Magnesium Citrate laxative;

At 7:00 p.m. take 3 Dulcolax tablets (5 mg) (omit Dulcolax if diarrhea is reason for exam);

Continue with clear liquid diet the rest of the day.

Day of the colon examination:

Nothing to eat until the examination is completed. Drink clear fluids as required.

For these fluoro examinations only, DIABETICS should consult their physicians regarding possible stoppage or reduction of insulin while fasting or on "clear liquids only" diet.*ULTRASOUND - All locations**☐ **ABDOMEN ULTRASOUND:** Eat only fat-free foods the evening prior to your examination. Do not eat anything later than midnight the night before your examination. If your examination is booked for the afternoon, you may eat a slice of dry toast and drink clear liquids up until 8:00 a.m. You may continue to drink plain water until 3 hours prior to the examination. Do not chew gum prior to or during exam.☐ **PELVIC, OBSTETRICAL, BPP OR RENAL:** Empty your bladder (if necessary) 90 minutes prior to the examination. After voiding, drink four glasses (1 litre total) of water or clear juice - finish drinking the full amount at least one hour prior to the examination. Do not empty your bladder again prior to the examination. The examination may not be done if your bladder is not full. You may continue to eat.☐ **ABDOMEN AND PELVIC ULTRASOUND:** Eat only fat-free food the evening prior to your examination. Do not eat anything after midnight the night before your examination. Empty your bladder (if necessary) 90 minutes prior to the examination. Following this, drink four glasses (1 litre total) of water at one sitting. Do not empty your bladder again prior to the examination. This examination cannot be done if your bladder is not full.***All other ultrasound examinations listed do not require patient preparation.****TRANSRECTAL - Chalmers Gate (Richmond Hill), Cachet, Silver Star**☐ **TRANSRECTAL**

- Nothing to eat after midnight.
- Purchase FLEET ENEMA from the pharmacy
- Follow the instructions on the package
- Proceed with the enema 2 hours before the appointment time.

BONE MINERAL DENSITOMETRY - Aurora, Bathurst, Georgetown, Midland, Orillia, Richmond Hill, Keelson

No preparation necessary - wear pants without zipper or any metal.

MAMMOGRAPHY - Breast Imaging Centres - Bathurst, Georgetown, Orillia, Richmond Hill, Whitby, Midland

Do not use perfume, deodorant, antiperspirant or talcum before the examination. Premenstrual breast tenderness - you may delay booking until tenderness has subsided. Wear a two piece outfit. At the time of booking, advise where previous mammogram was done and if possible allow appropriate time for films to arrive before appointment date.

ECHOCARDIOGRAPHY - Richmond Hill, Midland

No preparation necessary

VASCULAR - Richmond Hill, Midland, Georgetown

No preparation necessary